

# Accelerate your Personal Growth and become an NLP Practitioner in just 7 days

Get Time Line Therapy™ and Hypnosis Certification as well

## Why do NLP with Open Mind?

**J**ust suppose you could improve your life dramatically, get the things you want and achieve the results in your life that have so far eluded you. Just suppose you could do this and then be qualified to work with clients so they could share the same results as you. Could you imagine all of this happening to you within just 7 days!

On an Open Mind 7 day NLP practitioner course you not only change how you see your world, you not only learn from trainers who have a vast experience of applying NLP with thousands of clients, you learn the secrets of how to make fundamental changes in your and others' lives; changes that are so simple and painless to make, and yet so incredibly effective that you will wonder why you ever bothered suffering in the first place.

Also we ensure that you get what you want from the training, personally and professionally by limiting our trainings to a maximum of 12 delegates. This means you will get to know your trainers as people and are able to ask questions and tap into their worldwide experience of training and working one to one in NLP, Time Line Therapy™ and Hypnosis. Plus you have the reassurance that your certificates are valid worldwide.

## How can you learn NLP in 7 days with Open Mind?

We teach you how to use each technique when working with clients. You will receive a pre-study CD and DVD pack that allows you to start your learning immediately. Many NLP courses are run over 20 days without Time Line Therapy™ and Hypnosis certification. We save you the cost of an extra 13 days because of our specifically designed pre-study material and our use of highly advanced training techniques to ensure you integrate each tool easily and effortlessly.



We have found that this method of learning produces some of the best trained NLP Practitioners and Master Practitioners in the world, based on our experience of training NLP trainers worldwide.

Our Practitioner Certification training will enable you to use the NLP techniques in a professional and therapeutic environment so you can create the results you want in your and others' lives.

## What will you learn on the 7 day accelerated NLP Practitioner?

### The background to NLP –the history and models its based upon

- Find out the history of NLP its foundations and pedigree
- Work with the beliefs of great communicators and improve the way you communicate forever
- Learn a straight forward model of how we communicate so you can easily understand others and get any message across effectively
- Work with the Mind-Body connection to enhance your and others' results

### **Setting goals - the secret to long lasting achievement**

- How to set goals that you and your clients can be certain of achieving
- A set of powerful questions you can use in therapy and coaching that allows others to get totally focused on their goals

### **The science of Rapport the secret to building lasting relationships**

- Learn how to get on with anyone, however challenging their behaviour
- Build long lasting personal and professional relationships
- Get into someone's way of thinking so you can understand them better
- Learn how to instantly build rapport on the telephone
- Discover how to disagree with someone whilst still maintaining a positive relationship

### **The inner workings of our brains - how to get results by tapping into your senses**

- Discover how you code your senses so you improve and learn dramatically fast ways to getting results with yourself and others'
- Look at a person's eyes and be able to read what they are thinking inside

### **How to remove conflicts through integrating parts of ourselves**

- Get rid of inner conflict by working with and understanding how they came about
- Learn the link between conflicts in a person so you can remove unwanted issues easily

### **Get control of your and others' thinking using the building blocks of the brain**

- Restructure your and others' thoughts to remove phobias, unwanted belief and old habits quickly and simply
- Discover how the structure of your thinking is directly represented in your language and then use that to assist your clients to get your and others' results
- Alter the way you think about people, food and tasks by improving the structure of your thought patterns



### **Use language with a real purpose to communicate, answer questions and change others stuck ways of thinking**

- Work and become proficient with 'language patterns', the structured way of communicating that great communicators use to get their messages across with ease
  - Learn how language is made up and then use that to solve complex issues
  - Discover how to truly ask questions that solve complex issues simply
  - Deal with objections elegantly and with ease
- Use language patterns to persuade people to do what you need them to do in coaching, therapy sessions and influencing.
  - Get agreement simply when negotiating and arrive at positive conclusions easily

### **How to use the way the brain works to create the way you feel and respond to the world**

- Feel the way you want to feel, when you want it and gain access to totally empowering states at will
- Get rid of old limiting feelings by collapsing them
- Get out of procrastination and become motivated by chaining one resource state onto another
- Learn how do this easily and quickly with any client

### **How we create our behaviour to get results – exploring unconscious strategies**

- Find out how someone makes decision, then discover how to use that to persuade them to do something
- Learn how to change a person's strategy so they can be behaviourally more effective

### **You also get Time Line Therapy™ certification – transform your past and your future**

- Elicit your and others' time line and discover how it stores your memories
- Change the direction and location of the time line to change how you see the world
- Discovering the root cause of presenting problems
- Release negative emotions like anger, sadness, fear, hurt and guilt quickly and comfortably
- Delete limiting decisions like "I can't make a lot of money", "I can't have the relationship I want", and any other beliefs that may be holding you or others back
- Learn the secret to creating your future

### **Hypnotherapy certification - the science of the unconscious**

- Discover how hypnosis is part of everyday experience especially in communication and in an individual's life. Then utilise this knowledge to design therapeutic interventions that assist clients to make dramatic changes
- Learn the prime directives of the unconscious mind – allowing you to fully understand why certain messages from people get through and others don't
- Learn verbal and non-verbal suggestion – so you can control and direct conversations more effectively
- Induce trance using non-verbal inductions therefore accessing the power of your and your clients unconscious minds – a must for coaching
- Discover the history of Hypnosis – how its roots have firm foundations way beyond traditional psychology
- Utilise trance states for healing
- Structure post hypnotic suggestions – enabling direct commands to be used in coaching and therapy
- Learn to put all of this together with NLP and Time Line Therapy to assist your clients to get the results they want



### **Run a coaching session**

- Learn how to coach someone using an NLP structure that frees up your mind to ensure your client gets results
- Discover how to get incredibly fast results with a clients, either working as a coach or counsellor.
- How to charge what you're worth for the results you get
- How to get incredible results so that your clients will keep coming back for more and more.

Not only that, you'll learn all of the techniques of NLP; we teach the whole of the curriculum, nothing left out or skimmed. There are over twenty separate amazing techniques within NLP - you'll know them, be comfortable with them and will be using them as soon as you finish your training.

### **How is all this possible in such a short space of time?**

The trainers at Open Mind are skilled themselves in advanced learning techniques only taught at the Master Trainer Level. This enables you to get the maximum learning in the training room, and gives you the ability to practice NLP after you have completed the training.

Your relationship with NLP and Time Line Therapy™ is also accelerated by listening to the full 20 CDs and 1 DVD twice before the training begins. This gives you an excellent grounding in the techniques before you begin your training.

### **What about Certification?**

We certify our students through the ABNLP – the largest and most recognised certifying board in the world. Certification through the ABNLP also allows you to become certified through the British ANLP. You also can be certified in Time Line Therapy™ (TLTA) and Hypnotherapy (ABH). That is three certifications in the same programme.

### **Your Trainer**



**Richard Flook PhD(c)** is one of the most qualified NLP coaches and trainers in the world and Managing Director of Open Mind. He has worked in the UK, America and Canada with some of the world's experts in NLP and leaders in success strategies and personal achievement.

His background of over 12 years of working and training NLP Time Line Therapy™ and Hypnotherapy has given him unprecedented experience that he emphatically shares with all his students. Having personally turned around considerable failure into immense success in his business and personal life he brings actual life experience and application of the NLP techniques to the training.

His knowledge of working with clients on a one to one basis is further enhanced with him applying Meta Medicine with his health clients to assist them to heal themselves. Meta Medicine covers the how, why and process of any disease directly linking the symptoms and psychology to emotional experiences. Richard heads up Meta Medicine in the UK.

Having trained with some of the best trainers in the world he continually is stretching the NLP material to find easier and quicker ways of getting results especially with complex and challenging problems.

### **2007 Course Dates**

March 24 – 30, Bristol  
June 23-29, Bristol  
September 29 – October 5, Bristol

### **Investment: £1247**

Book online at [www.openmind-hr.com/courses.html](http://www.openmind-hr.com/courses.html)

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